

Bone Density Prep

This exam helps to diagnose osteoporosis. You will be allowed to leave on your own clothing; however, please do not wear clothing with metal below the waist. You will be asked to sit in a chair with your non-dominant (hand you do not write with) wrist resting on the table. You will then be asked to lie down on the padded table on your back. Your knees will be elevated while your lower back is scanned. Then your legs will be placed flat on the table and one foot will be immobilized to hold your leg in the correct position while your hip is scanned.

Please note that patient registration must be completed first at the main registration desk and the study will be performed in the Medical Plaza area located in the west side of the hospital.