

## EEG (electroencephalogram) Prep

**DO NOT CONSUME ANY CAFFIENATED BEVERAGES OR NICOTINE PRODUCTS**

Patient must wash hair before arriving to the hospital. Do not apply any hair care/styling products. These include hair spray, conditioner and gel. Hair must be clean and dry. Patient may take prescribed medications as needed.

For sleep deprived EEG's the patient is to stay up until midnight the night before the test and be awakened the morning of the test no later than 6 a.m.

All EEG's on children under the age of 5 are sleep deprived exams. Children who are 6 months to 5 years should be prescribed Chloral Hydrate by their physician. Parents must fill prescription and administer medication to the child 30 minutes prior to the exam.