



INSTRUCTIONS FOR FLEXIBLE SIGMOIDOSCOPY

- 1. CLEAR LIQUIDS AFTER BREAKFAST DAY BEFORE PROCEDURE.**
- 2. DRINK 1 BOTTLE MAGNESIUM CITRATE 7 AM DAY BEFORE PROCEDURE**
- 3. NOTHING BY MOUTH AFTER MIDNIGHT.**
- 4. YOU WILL RECEIVE 2 FLEETS ENEMAS IN PRE-OP DAY OF PROCEDURE.**

Please call the office at 918-207-0025 if: you take or believe you may be taking a blood thinner, if you have questions concerning your procedure ask for Tracy, RN or Sheri, LPN, or if you need to reschedule ask for Kristal