PREPARING FOR A CAPSULE ENDOSCOPY

(PILL CAMERA)

Your doctor has recommended you undergo capsule endoscopy to examine the small intestine.

This is scheduled on **(date of procedure)**

To help the doctor be able to see your small intestine a mild preparation is required. Please follow these instructions:

1. At any pharmacy please buy (before your prep day):
   a. One bottle of magnesium citrate
   b. Simethicone drops 1 ounce bottle
2. On the **day before** your test follow a **CLEAR LIQUID DIET** the entire day.
3. Drink the magnesium citrate at **7 PM** on the **EVENING BEFORE YOUR TEST**.
4. **Nothing to eat or drink after midnight** the day of your test
5. On the morning of your test **DO NOT** take your morning medicines.
6. **Take 5 mls (1 teaspoon) of simethicone drops** in a 6-8 oz. glass of water at **7 AM** of the day of the test.
7. Arrive at our office at **8 AM** on **(date of procedure)**. You will not need someone to drive you.
8. Plan on returning to our office at **4:30 PM** that same day to return the equipment.
9. You will receive instructions about your diet and when to take your medicines when you arrive that morning.

**Please call the office at 918-207-0025 if: you have questions concerning your procedure ask for Tracy, RN or Sheri, LPN, or if you need to reschedule ask for Kristal**