



Tahlequah Medical Group

William G. Simpson, M.D., FACP

Gastroenterology

P(918)207-0025

PREPARING FOR A CAPSULE ENDOSCOPY

(PILL CAMERA)

Your doctor has recommended you undergo capsule endoscopy to examine the small intestine.

This is scheduled on **(date of procedure)**

To help the doctor be able to see your small intestine a mild preparation is required. Please follow these instructions:

1. At any pharmacy please buy (before your prep day):
 - a. One bottle of magnesium citrate
 - b. Simethicone drops 1 ounce bottle
2. On the **day before** your test follow a **CLEAR LIQUID DIET** the entire day.
3. **Drink the magnesium citrate** at **7 PM** on the **EVENING BEFORE YOUR TEST**.
4. **Nothing to eat or drink after midnight** the day of your test
5. On the morning of your test **DO NOT** take your morning medicines.
6. **Take 5 mls (1 teaspoon) of simethicone drops** in a 6-8 oz. glass of water at **7 AM** of the day of the test.
7. Arrive at our office at **8 AM** on **(date of procedure)**. You will not need someone to drive you.
8. Plan on returning to our office at **4:30 PM** that same day to return the equipment.
9. You will receive instructions about your diet and when to take your medicines when you arrive that morning.

Please call the office at 918-207-0025 if: you have questions concerning your procedure ask for Tracy, RN or Sheri, LPN, or if you need to reschedule ask for Kristal