

# **Radiology/X-ray Exams Prep**

## **Barium Enema:**

Clear liquids diet starting at noon on the day prior to test (examples: popsicles, jello, broth)  
E-Z EM Prep - start at 4 pm the day before test – This is available at the TMC pharmacy  
NPO (Fasting) after midnight

## **Pediatric Barium Enema:**

Cleansing (Fleet) enemas on the evening before or the morning of the exam and NPO after midnight.

## **Barium Swallow / Esophogram / Upper GI Series / Small Bowel Series:**

NPO (fasting) after midnight or 8 hours prior to exam

## **Cystogram Voiding or Non Voiding:**

No Prep required

## **IVP:**

Patient should be well hydrated prior to the exam.

Lab work may be required if:

- If patient only has one kidney
- Has a history of renal failure
- If the patient is a diabetic
- If the patient has multiple myeloma
- If the patient is age 40 or older and/or with any chronic health problems

If the Patient is taking **Glucophage** or **Glucovance** (or their generic form) or any medication containing **Metformin**, they must not take it for 48 hours after the exam. The patient should notify their physician before the exam and before they resume their medication.

## **Arthrograms:**

No blood thinners for 5 days prior to exam and may need lab work for bleeding times.

## **Myelograms:**

May have light breakfast and take blood pressure medications. No blood thinners for 5 days prior to exam and may need lab work for ble