



Pre-Procedure Instructions

DO

- **HAVE A RESPONSIBLE ADULT 18 YEARS OR OLDER TO DRIVE YOU, STAY WITH YOU AT ALL TIMES AT THE HOSPITAL, AND TAKE YOU HOME.**
If using public transportation you must have a responsible adult accompany you
- Take these medications, if applicable:
 - **½ DOSE OF INSULIN NIGHT BEFORE PROCEDURE**
 - **BP, HEART, AND SEIZURE MEDICATION THE MORNING OF PROCEDURE WITH A SIP OF WATER**
- **BRING MEDICATION LIST THE MORNING OF YOUR PROCEDURE**
- Shower the night before or morning of procedure
- Wear loose, comfortable clothing
- **NOTIFY DR. SIMPSON'S OFFICE OF ANY HEALTH CHANGES PRIOR TO PROCEDURE** (sickness/fever, fall, recent trauma, etc.). If after hours, please leave a voice message. **OFFICE: 918-207-0025**

DON'T

- Smoke or chew tobacco 24 hours prior to procedure
- **DO NOT TAKE ANY INSULIN OR ORAL DIABETES MEDS THE DAY OF PROCEDURE**
- **IF SCHEDULED FOR EGD OR ERCP ONLY: DO NOT eat or drink after midnight the night before procedure; this includes WATER, GUM, OR MINTS**
IF YOU ARE SCHEDULED FOR A COLONOSCOPY: PLEASE FOLLOW INSTRUCTIONS GIVEN TO YOU ABOUT WHEN TO STOP SOLIDS AND CLEAR LIQUIDS.

For Your Information

- **Day of surgery: PLEASE CHECK IN AT THE OVAL REGISTRATION DESK ON 1ST FLOOR OF NORTHEASTERN HEALTH SYSTEMS.**
- You will receive a call the day before your procedure between 3 - 5:00 PM to confirm surgery time (Friday for procedures scheduled on Monday)
- **Minors must be accompanied by adult**
- You may wear dentures, hearing aids, and glasses
- If biopsies are obtained, these results will be discussed at your next office visit unless otherwise notified. You will receive separate bills for physician services, hospital, anesthesia, and pathology services (if biopsies are obtained). These additional bills are not processed through our office.

Please call the office at 918-207-0025 if: you take or believe you may be taking a blood thinner, if you have questions concerning your procedure (ask for Tracy, RN or Sheri, LPN), or if you need to reschedule (ask for Kristal)